

# Get Well Soon Craft

## Materials:

Construction paper various colors  
Craft foam stickers  
Dot stickers  
Google eyes  
Magazines  
Stamps  
Other craft items

Glue  
Blunt Scissors  
Markers  
Crayons  
Large envelopes  
Poster board  
*Bear Feels Sick*

## Objective:

Children will learn sympathy skills and ways they can help others in need.

## Before the Children Arrive:

On the poster board write phrases such as “get well soon, I wanted to make you smile, thinking of you, etc.”

## Lead-in:

Turn to the page in *Bear Feels Sick* where Bear’s friends draw him pictures. Ask the children how these pictures could make Bear feel better. Ask the children if they have ever given a picture to someone who wasn’t feeling well. Talk about pictures that would make a sick person feel better.

## Directions:

1. Let each child pick their favorite color of construction paper.
2. Help them to fold the paper in half.
3. Let the child pick one of the phrases from the poster board.
4. Write that phrase for him/her inside the paper.
5. Ask the child if there is anything else they would like to say in their card.
6. Assist the child, if needed, in signing their name.
7. Let the child decorate their card anyway they want utilizing the craft supplies.
8. If there is time, let the child make another card.

## Wrap-up:

Have the children sit in a circle to share their cards with the group. Have each child tell who they will send their card to or whether they will save their card for the next time someone they know is ill. Tell the children that this is an activity that they can do anytime- and their friends and family will thank them!

## Extension:

Contact a local hospice center, children’s clinic, cancer clinic, or VA hospital and ask them if they would appreciate get-well cards from children at the library.