

Pattern Kabobs

After the Wiggly Patterns lesson, this is a great way to extend their learning. This recipe can be done either with the children or you can prepare all the kabobs ahead of snack time.

Prep time: 10 minutes without the children, 20 minutes with the children

Ingredients:

- Long pretzel sticks or hard, thin breadsticks
- Watermelon (3 cups balled)
- Honeydew melon (3 cups cubed)
- Canned pineapple (3 cups, the rings cut to make triangles)
- Other easily-skewered fruit known to be favorites of the children
- marshmallows
- Strawberry yogurt (1/4 cup per child)
- Small paper cups

1. Put 1/4 cup of strawberry yogurt in each cup. This will be used for dipping the fruit later.
2. Use the pattern cards made during the Wiggly Pattern lesson and use fruit in place of the pasta.
3. Slide the fruit, one piece at a time, onto the pretzel. Do this in a pattern (i.e. watermelon, honeydew, marshmallow, watermelon, honeydew...)
4. Let the children make up their own patterns.
5. Pass out the cups of yogurt and let the children dip their pattern kabobs in and enjoy.