

Songs for Literacy

Shake My Sillies Out

Written and Performed By: Raffi

I've gotta shake, shake, shake my sillies out,
Shake, shake, shake my sillies out,
Shake, shake, shake my sillies out,
And wiggle my waggles away!
Other verses:
I've gotta clap, clap, clap my crazies out,
I've gotta jump, jump, jump my jiggles out,
I've gotta yawn, yawn, yawn my sleepies out,
I've gotta shake, shake, shake my sillies out,

Wiggle, Wiggle, Wiggle

(Traditional: sung to the tune of Row Your Boat)

Wiggle, Wiggle, Wiggle your fingers.
Wiggle them up and down.
Wiggle them fast
Wiggle them slow
Wiggle them all around!
(Continue moving and adding other body parts)

Head Shoulders Knees and Toes

Traditional lyrics

Head, shoulders, knees and toes,
Knees and toes,
Head shoulders, knees and toes,
Knees and toes,
Eyes and ears and mouth and nose,
Head, shoulders, knees and toes,
Knees and toes!

Touch each body part with both hands as you move. Repeat the song and increase the tempo until everyone gets the giggles.

Hokey Pokey

Written by Roland Lawrence LaPrise

You put your right foot in,
You put your right foot out;
You put your right foot in,
And you shake it all about.
You do the Hokey-Pokey,
And you turn yourself around.
That's what it's all about!
Other verses:
You put your left foot in...
You put your right hand in...
You put your left hand in...
You put your right side in...
You put your left side in...
You put your head in...
You put your backside in...
You put your whole self in...