

## Wiggle Mirrors

**Objective:** The children will follow adult direction.  
The children will cooperate to coordinate movement.  
The children will take turns.

**Materials:** *Wiggle*, one full-length mirror, space, 2 types of stickers, music and player

**Vocabulary:** mirror, reflection, movement, up, down

### Procedure:

1. Read *Wiggle* to the children aloud.
2. Tell the children that we're going to play a game called Mirrors.
3. Present the full-length mirror.
4. Have a volunteer stand in front of it and move their arm up and down.
5. Ask the children what happened to the reflection.
6. Ask for another volunteer.
7. Have the two volunteers face each other.
8. Ask the first volunteer to move their arm up and down and ask the second volunteer to be her "reflection" and move their arm up and down too.
9. Help the children get into pairs. If there is an odd number, ask a parent or other adult to partner up.
10. Give one child in each pair one type of sticker (i.e. a red dot) and the other child the other (i.e. yellow star)
11. Have the yellow stars be the "reflection" first, and then switch after a few minutes. Play music during this time if you wish.
12. If children are stumped on what movement they should do whisper an idea in their ear (i.e. try touching your nose or rubbing your belly).
13. Ask the children to stop, look at you, and sit back down.
14. Ask the children when a good time to play this game would be (i.e. on the playground) and when they shouldn't play this game (i.e. at the dinner table)
15. Congratulate everyone on a job well done!

### Extensions:

Give the children balls or streamers or something else to mirror with.